

Rushwick PE overview- 2023/24

Reception	Introduction to PE : Unit 1	Ball Skills : Unit 1	Dance : Unit 1	Ball Skills : Unit 2	Dance : Unit 2	Games : Unit 2
	Introduction to PE : Unit 2	Fundamentals : Unit 1	Fundamentals : Unit 2	Games : Unit 1	Gymnastics : Unit 1	Gymnastics : Unit 2
	+	+	+	+	+	+
Year 1	Fundamentals	Ball Skills	Dance	Target Games	Sending and Receiving	Athletics
	Team Building	Invasion Games	Fitness	Gymnastics	Yoga	Striking and Fielding Games
	+	+	+	+	+	+
Year 2	Fundamentals	Invasion Games	Dance	Gymnastics	Sending and Receiving	Athletics
	Team Building	Ball Skills	Fitness	Target Games	Yoga	Striking and Fielding Games
	+	+	+	+	+	+
Year 3	Hockey	Tag Rugby	Dance	Cricket	Tennis	Athletics
	Ball Skills Y3/4	Fitness	Football	Gymnastics	Netball	Basketball
	+	+	+	+	+	+
Year 4	Hockey	Tag Rugby	Gymnastics	Dance	Swimming	Swimming
	Handball	Fitness	Football	Cricket	Netball	Basketball
	+	+	+	+	+	+
Year 5	Tag Rugby	Gymnastics	Dance	Swimming	Tennis	Athletics
	Basketball	Netball	Swimming	Cricket	Handball	Rounders
	+	+	+	+	+	+
Year 6	Hockey	Tag Rugby	Gymnastics	Cricket	Handball	Basketball
	Swimming	Dance	Netball	Dodgeball	Athletics	Rounders
	+	+	+	+	+	+